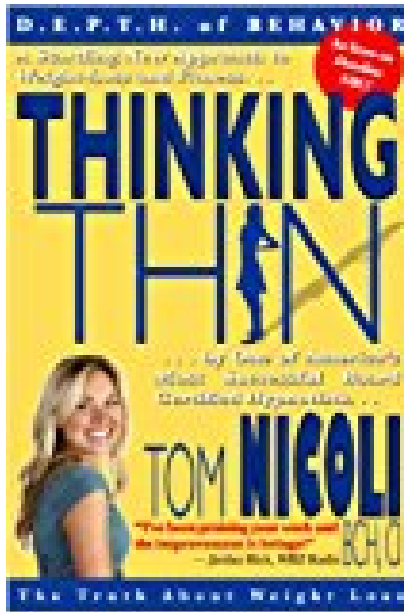


Thinking Thin



BOOK DETAILS

- Author : Tom Nicoli
- Pages : 140 Pages
- Publisher : Kallisti Publishing
- Language : English
- ISBN : 0976111152

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BOOK SYNOPSIS

A Startling New Approach to Weight-Loss and Fitness by One of Americas Most Successful Board Certified Hypnotists. Have you suffered through too many trendy diet programs without lasting results? Have you worked yourself to the point of exhaustion in the gym? Have you ever taken a "miracle" pill to help you lose weight? Does your weight still fluctuate more than the stock market? Are you pleading for a weight solution that actually works? If you answered yes to any of those questions, then you must read Thinking Thin, a startling new approach to weight-loss and fitness developed by Tom Nicoli, BCH, CI, one of Americas most successful Board-certified hypnotists who has been seen on Dateline NBC and praised by SHAPE Magazine as the "Hippest of the Hyp!" Tom has shown thousands of people around the world how to live free from the anguish of obesity all without the struggle associated with most weight-loss programs and diets. Why put up with dangerous diet pills or waste another day of self-starvation or dreaded workouts when you dont have to? Make the decision today to embark upon the joyous path to a better you. It all begins with Thinking Thin...

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