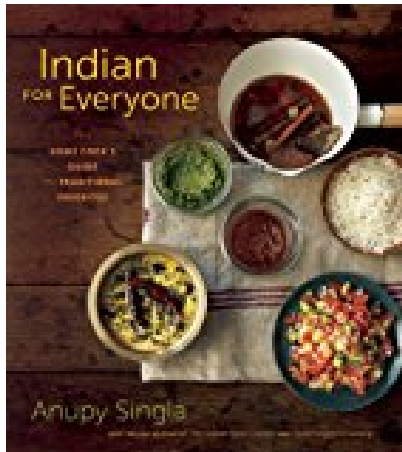


Indian for Everyone The Home Cooks Guide to Traditional Favorites



BOOK DETAILS

- Author : Anup Singh
- Pages : 288 Pages
- Publisher : Agate Surrey
- Language : English
- ISBN : 1572841621

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BOOK SYNOPSIS

Indian for Everyone is the third book by Anupya Singla, by far her most stunning and comprehensive offering yet. Singla is America's favorite authority on Indian home cooking, and her expertise with delicious, healthful recipes has endeared her to fans the world over. This new book opens up the true simplicity and flavor of Indian food for anyone, regardless of dietary restrictions, expertise, or familiarity. Singla has chosen the cuisines most popular dishes and, unlike other Indian cookbooks, embedded different preparation styles and ingredients into every recipe. Included are quick-and-easy adaptations for making a meal vegetarian, vegan, or gluten-free, as well as alternatives for the slow cooker. Beginners appreciate the book's step-by-step instructions, while veterans find it useful as a reference point for their favorite dishes, including little-known instructions and standard cook times. The book also caters to healthy eaters and folks with allergies and dietary preferences. With deeply personal, detailed stories behind these recipes, readers see how traditional Indian cooking helped connect Singla and her daughters to their cultural heritage. More than the next great Indian cookbook, this is the next great American cookbook — sure to become a staple of every family's collection.

INDIAN FOR EVERYONE THE HOME COOKS GUIDE TO TRADITIONAL

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