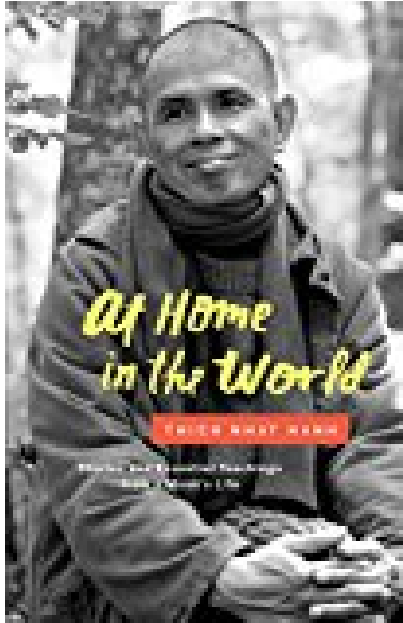


At Home in the World Stories and Essential Teachings from a Monks Life



BOOK DETAILS

- Author : Thich Nhat Hanh
- Pages : 187 Pages
- Publisher : Parallax Press
- Language : English
- ISBN : 1941529429

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BOOK SYNOPSIS

This collection of autobiographical and teaching stories from peace activist and Zen Master Thich Nhat Hanh is thought provoking, inspiring, and enjoyable to read. Collected here for the first time, these stories span the author's life. There are stories from Thich Nhat Hanh's childhood and the traditions of rural Vietnam. There are stories from his years as a teenaged novice, as a young teacher and writer in war torn Vietnam, and of his travels around the world to teach mindfulness, make pilgrimages to sacred sites, and influence world leaders. The tradition of teaching the Dharma through stories goes back at least to the time of the Buddha. Like the Buddha, Thich Nhat Hanh uses story-telling to engage people's interest so he can share important teachings, insights, and life lessons. From the Hardcover edition.

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